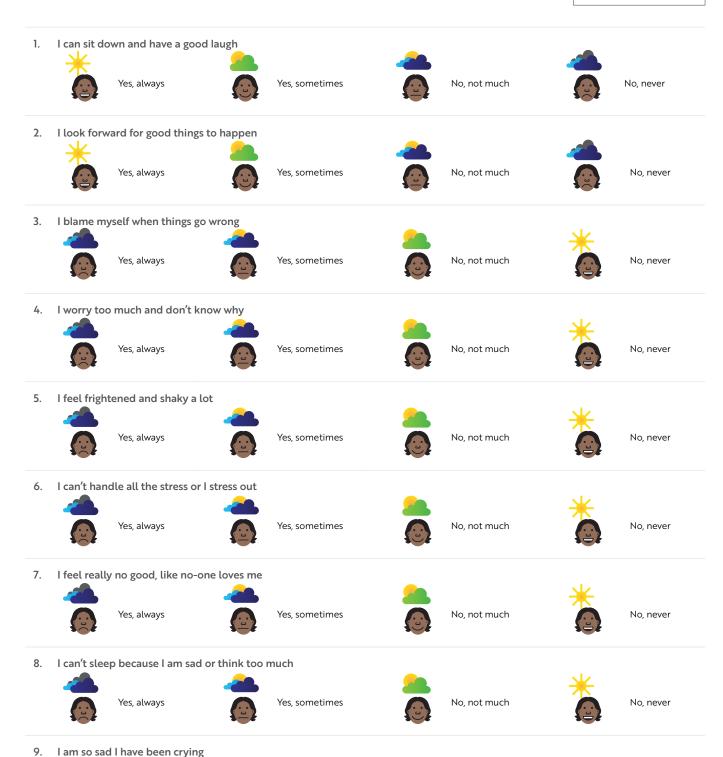
Kimberley Mum's Mood Scale (KMMS) Part 1

Think about the past 7 days, not just how you feel today.

NAME: DOB: DATE:





Yes, always



Yes, sometimes



No, not much

No, never

No, never

Kimberley Mum's Mood Scale Part 2

Refer to the KMMS Manual for information on how to facilitate the yarn, guidelines for administration, examples of enquiring/exploring questions for each psychosocial domain, how to determine overall risk, and options for follow-up actions.

PART 1 SCORE:	
NAME:	
DOB:	

DATE:

EXPLORE THE WOMAN'S STORY, NOTING THE SITUATION AND HER PROTECTIVE AND RISK FACTORS		
SUPPORT:		
MAJOR STRESSORS:		
SELF-ESTEEM / ANXIETY:		
RELATIONSHIPS:		
CHILDHOOD EXPERIENCES:		
SUBSTANCE MISUSE:		

OVERALL RISK OF DEPRESSION AND/OR ANXIETY (PLEASE TICK) Consider Part 1 score and the risk and protective factors identified during Part 2 in determining overall risk				
LOW	Self-care recommended			
MODERATE	Clinical assessment within 1 week			
HIGH	Clinical assessment required within 48–72 hours			
IMMEDIATE CONCERNS	Clinical handover required immediately			

FOLLOW-UP ACTIONS: Explore relevant referrals, or next steps with the woman.

SOCIAL, EMOTIONAL AND CULTURAL WELLBEING: